

Understanding the Impact of Adverse Childhood Experiences (ACEs) and Building Resilience

May 20, 2025

9 AM- 12 PM

Kendall County Courthouse

807 West John St
Yorkville, IL
Jury Assembly Room

Facilitators:

Michelle Hawley

Kendall County Health Department

Deanna Cada

DeKalb County Community
Mental Health Board

Jennifer Samartano

Prevent Child Abuse Illinois

CEUs Available

CDVP, LCP, LCPC, LSW, LCSW,
LMFT, SLP, LPN, RN & APRN
(details on registration form)



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Registration preferred,
not required.
Walk-ins welcome.



Understanding the relationship between Adverse Childhood Experiences (ACEs) is crucial in building resilience and fostering long-term well-being.

During this interactive presentation, participants will view the documentary ***Resilience: The Biology of Stress & the Science of Hope*** which delves into the science of Adverse Childhood Experiences (ACEs). The documentary reveals how toxic stress, and trauma can impact a child's ability to learn, can lead to depression, put them at greater risk for disease, homelessness, substance use, prison time and lower life expectancy in adulthood.

Participants will have the opportunity to complete their own ACEs questionnaire to gain personal insight as well as engage in a discussion to share thoughts and insights, exploring ways to support individuals in overcoming these challenges and building resilience.

Presented by:



For more information contact: rpelfrey@fvcc1623.org