Handout – Understanding Dynamics, slide 5

**Reflection exercise:**

Please take a few moments to read through these questions after watching the video: Ruthie’s Story. Be prepared to talk about your response in a small group.

1. - What stood out for you from this video?
2. - Have you ever worked with a someone like this before?
3. - How would you rate your confidence in being able to respond to a survivor like this?
4. - What assumptions did you find yourself making?
5. - What do you think you would need to help this survivor?