

# PEOPLE FIRST

'People First' is a mindset. It is a way of looking at other people, not by their disability, race, gender or any other characteristic, but rather as PEOPLE FIRST.

As people we are all more alike than we are different. In general, we are all people first. The same is true of people with disabilities—we are more like people without disabilities than we are different.

## **People With Disabilities Are Not:**

- freaks
- cripples
- incapable
- weak or disabled
- contagious
- heroes or extraordinary

**We are people, just like you, living our lives the best we know how.**

Disabilities, and perhaps more importantly peoples' reactions to disabilities, create barriers for people with disabilities through stereotypes, myths, prejudices, fears and ignorance.

We all have the same rights and responsibilities, and we should all be able to enjoy them as what we all are...**PEOPLE FIRST**

**We are people, just like you and everyone else.**