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| **TOPIC OVERVIEW** |

**Module Number:** 1

**Module Title:** Foundations/Fundamentals of Domestic Violence

**Section Number:** 1

**Section Title:** Dynamics of Domestic Violence

**Total Time Estimate:** 1 hour 45 minutes to 2 hour 10 minutes

**FVCC Protocol Location:**

**DV Protocol:** Ch. 1, pgs. 7-19, 24-26, Ch. 2, pgs. 8-9, Ch. 3, pgs. 58-60,

Ch. 4, pgs. 3-6, 7, 10-11, 14-16, 17-18, 19, 20, 22-25, 26-28, 29, 30-31, 33-36, 37-38, 39, 40

Ch. 5, pgs. 4-5, 6, 7, 20, 36, 37-38, 39

**Law Enforcement PWD-OA Protocol**: pgs. 6, 11-15, 44, 50-51, 62, 68, 85, 169-171, 173, 174

**Prosecutor PWD-OA Protocol:** pgs. 5, 9-16, 18-27, 74, 89, 92

**Learning Tools/Resources Needed:**

**PowerPoint Title:** Dynamics of Domestic Violence

**PowerPoint File Name:** POWERPOINT – Dynamics of Domestic Violence

**Facilitator Guide Title:** Dynamics of Domestic Violence

**Facilitator Guide File Name:** FACILITATOR’S GUIDE - Dynamics of Domestic Violence

**Activity Packet Title:** Power and Control Wheel

**Activity Packet File Name:** ACTIVITY – Power and Control

**Resource Packet Title:** N/A

**Resource Packet File Name:** N/A

**Media:** #WhyIStayed <https://www.youtube.com/watch?v=IU50HksugZk>

**Handouts:**

* Power and Control Wheel with limited text
* Power and Control Wheel
* Barriers to Leaving: Why Abuse Victims Stay
* Myths and Facts About Domestic Violence

**Other Tools/Resources:**

* Model Protocols <http://www.icjia.state.il.us/ifvcc/projects>

**Presentation Outline:**

1. Domestic Violence Definition
2. Domestic Violence Statistics
3. Causes of Domestic Violence
4. Patterns of Abuse
5. Barriers to Leaving
6. People Who Cause Harm – Domestic Violence
7. People Who Experience Harm – Domestic Violence
8. Myths and Facts of Domestic Violence

**Special Notes/Reminders:**

**Learning Objectives:**

1. Define domestic violence.
2. Understand types of domestic violence relationships.
3. Recognize types of abusive behavior.
4. Understand why some people who experience harm remain in abusive relationships.
5. Discuss the dynamics of abusive relationships.
6. Recognize myths surrounding domestic violence.

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| **DETAILED FACILITATION PLAN** |

**Introduction**

* + **PowerPoint Slides:** 1-2
  + **Time Estimate:** 10 minutes
  + **Learning Method(s) & Facilitation Notes**

Methods: PowerPoint, lecture, discussion

**Facilitation Notes:**

1. Housekeeping:

a. Welcome, introductions with ice breaker activity

b. Explain training format along with breakout sessions for small groups

c. Expectations for training

d. Times/breaks and course evaluations

2. Technology check

a. Have participants set up their screen. Open chat, screen name appears visible for all to see, sound check microphone and video to ensure they work properly.

Virtual: Ask for any questions they have regarding virtual training format. Explain hand raising, chat, and split or shared screens if needed. Have participants utilize the microphone/video

In-Person: Ask participants to silence all phones or technical devices.

* + **Content**
* Introduce the speaker(s)
* Discuss training format
* Introduce those facilitating the small groups and their role
* Technology check

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**Topic #1: Domestic Violence Definition**

* + **PowerPoint Slides:** 3-8
  + **Time Estimate:** 10-15 minutes
  + **Learning Method(s) & Facilitation Notes**

**Methods**: PowerPoint and Lecture

**Facilitation Notes:** Slide 3 could be interactive with the audience – asking them how they define domestic violence. Utilize PowerPoint slide 4 to explain the definitions of Domestic violence. Continue to demonstrate the slides to define Domestic Violence. Show slides 6-7 to depict what party is protected under the IDVA. Use notes on slides 6-7 to explain other diverse populations that are identified under IDVA. Slide 8 defines IDVA.

**Virtual:** Make use of hand raising for questions and/or comments. Delegate someone to look for the comments in the chat section or raised hands while facilitator presents.

**In-Person**: Show PowerPoint slides and use notes where applicable under slides.

* + **Activity Packet (if applicable):** N/A
  + **Handouts: (if applicable):** N/A
  + **Application Questions:**

1. What have participants learned about Domestic violence during the definition slides.
2. What does Domestic Violence include regarding physical and emotional violence?
3. What parties are protected per the IDVA? What other diverse populations fall under this category too?

**Topic #2: Domestic Violence Statistics**

* + **PowerPoint Slides:** 9-12
  + **Time Estimate:** 10 minutes
  + **Learning Method(s) & Facilitation Notes:**

Methods: Power point presentation and Lecture

Facilitation Notes: Use slide 8-9 notes to detail the statistics for Domestic Violence. Discuss slide 11 regarding how men are also Domestic Violence. Slide 12, relate the scope of the problem in Illinois.

* + **Activity Packet (if applicable):** N/A
  + **Handouts: (if applicable):** N/A
  + **Application Questions:**

1. How do the statistics defer between a male and female?
2. What is the percentage of women and men who experience some for of intimate partner violence? (slide 9)
3. What are some emotions that might impact a person experiencing violence might report during their DV experience? (being fearful, safety, PTSD) slide 9 notes

**Topic #3: Causes of Domestic Violence**

* + **PowerPoint Slides:** 13-27
  + **Time Estimate:** 30-40 minutes
  + **Learning Method(s) & Facilitation Notes**

**Methods**: PowerPoint Presentation, Break out Activity, Discussion

Facilitation Notes: There is an activity in the presentation. Assign Facilitators for break out groups. Make sure each facilitator has enough of the Power and control wheels to pass to their group, so they are prepared when activity is ready. Facilitator will only pass out the activity with the limited text. The other will be passed out at the end of the activity. Use the notes on slide 14 to discuss what DV is not caused by. After showing slides 17-18, break the participants into 8 (less depending on size of training) groups. Explain the activity per slide 18. Bring back the group and discuss the next 8 slides 19-26 in detail. Discuss each topic along with the slide, these slides will match up to each topic within their Power and Control Wheel. Discuss slide 27 regarding the progression of violence expressed through the Power and control activity.

**Virtual**: Use break out rooms and assign a facilitator for each room to guide participants to brainstorm through the activity. Facilitator of each room will need to pay attention to the time and bring the group back together and report the session.

**In-Person**: Have the handout ready to distribute to each group or provide to the assigned facilitator before the activity. The facilitator of each group should keep track of time and instruct group in brainstorming. Fill out their power and control wheel with discussion.

* + **Activity Packet (if applicable):** ACTIVITY – Power and Control
  + **Handouts: (if applicable):** 
    - HANDOUT – Power and Control Wheel
    - HANDOUT - Power and Control Wheel\_limited text
  + **Application Questions:**

1. What is the progression of domestic violence and how does it normally start out? What are some possible measures the person causing harm might use to gain the control in the beginning of the DV phases of Violence?
2. What are some ways that law enforcement could aide in a Domestic Violence knowing these facts within the power and control wheel? In the beginning stages vs. the severity of violence as it increases?

**Topic #4: Patterns of Abuse**

* + **PowerPoint Slides:** Slide 28-29
  + **Time Estimate:** 5-10 minutes
  + **Learning Method(s) & Facilitation Notes**

**Methods:** PowerPoint slides/Lecture

**Facilitation Notes:** Use slide 28 notes to explain and have a discussion about the pattern of abuse.

**Virtual:**  Assign a person to look for raised hands or questions/comments in the chat while Facilitator presents information.

**In-Person**: Prompt discussion or questions after presentation of slides.

* + **Activity Packet (if applicable):** N/A
  + **Handouts: (if applicable):** N/A
  + **Application Questions:**

1. What is the main purpose of Domestic Violence?
2. What are the patterns of abuse that might look or feel like a person causing harm is romancing the person experiencing harm?
3. Can you explain the patterns of abuse and why might it become calm at times for person experiencing harm?
4. Identify some of the tactics the person causing harm might use to control the person experiencing the harm.

**Topic #5 Barriers to leaving**

* + **PowerPoint Slides:** 30-33
  + **Time Estimate:** 20-25 minutes
  + **Learning Method(s) & Facilitation Notes**

**Methods:** PowerPoint Discussion/poll, Video

**Facilitation Notes:** Open discussion withslide 30, open for discussion with participants. Make use of a flipchart, whiteboard or chat online to gather answers. After this discussion, pass out the handout assigned in this section.

**Virtual:**  Assign a facilitator to help watch for raised hands or comments in the chat. There is a handout for this section so make sure it is accessible to show on the screen. There is a video to show after the handout. Check under media for link.

**In-Person:** Pass out handout after taking a poll on slide 30 discussion.

* + **Activity Packet (if applicable):** N/A
* **Handouts: (if applicable):** HANDOUT - Barriers to Leaving: Why Abuse Victims Stay
* **Media:** #WhyIStayed: <https://www.youtube.com/watch?v=IU50HksugZk>
  + **Application Questions:**

1. Why do they ask why a person stayed vs. why someone abuses
2. Can you identify some reasons why a person experiencing violence stays longer? How can we ask instead why the person is causing the harm?
3. Do you understand the stigma relating to this topic? The importance to change this question regarding the person causing the violence?
4. Why are we asking this question in a way that places blame on the person experiencing the harm and not on the person causing harm?

**Topic #6 People Who Causes Harm- Domestic Violence**

* + **PowerPoint Slides:** 34-38
  + **Time Estimate:** 10-15 minutes
  + **Learning Method(s) & Facilitation Notes**

**Methods:** PowerPoint Lecture and Discussion

**Facilitation Notes:** Use notes on slide 34 to facilitate the topic. Explain all 15 common traits in a person causing harm as outlined in the notes on slide 36. Use the notes to explain why a person causes harm feels sense of entitlement. See notes slide 38.

**Virtual:** Assign a facilitator to help watch for raised hands or comments in the chat.

**In-Person**: Follow the facilitation notes and open floor for discussion.

* + **Activity Packet (if applicable):** NA/
  + **Handouts: (if applicable):** N/A
  + **Application Questions:**

1. What are some strategies, technics, and/or actions a person causing harm might display towards a person experiencing harm?
2. What does it mean a person causing harm believes they are entitled to use power and control tactics? How is it reinforced by this feeling of Entitlement?
3. Could the person that causing the harm be rational or stable towards others? Explain.
4. What is the person experiencing the harm trying to gain when causing harm towards this person?

**Topic #7 People Who Experience Harm- Domestic Violence**

* + **PowerPoint Slides:** 39-40
  + **Time Estimate:** 5-10 minutes
  + **Learning Method(s) & Facilitation Notes**

**Methods:** PowerPoint/Discussion

**Facilitation Notes:** Utilize notes on slide 39. Discuss the Effects from the notes on slide 40. Go over each one with explanations and examples.

* + **Activity Packet (if applicable):**
  + **Handouts: (if applicable):**
  + **Application Questions:**

1. Can you identify some effects commonly experience by those who experience harm?
2. How can we as professionals utilize this information obtained in this training to help those that are experiencing harm in their relationships?
3. What ways can we display empathy and support?
4. What methods can we use so a person experiencing harm doesn’t feel shame or place blame on themselves?

**Topic #8 Myths and Facts of Domestic Violence**

* + **PowerPoint Slides:** 41
  + **Time Estimate:** 5 minutes
  + **Learning Method(s) & Facilitation Notes**

**Methods:**  PowerPoint discussion and handout

**Facilitation Notes:** Pass out the handout to each participant. Discuss the myths and facts.

* + **Activity Packet (if applicable):** N/A
* **Handouts: (if applicable):** Myths and Facts About Domestic Violence
  + **Application Questions:**

1. What are some myths that you heard during this presentation that you believed to be true?
2. Are Anger Management programs effective for those causing harm? Explain?
3. Why is Domestic Violence NOT a private family matter? How can we provide support?
4. What have you learned about a person experiencing violence and the myths that have come along with Domestic Violence?

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**Training Wrap-Up**

* + **PowerPoint Slides:** 42
  + **Time Estimate:** 5-10 minutes
  + **Learning Method(s) & Facilitation Notes**

Methods: PowerPoint, Lecture, group discussion

Facilitation Notes:

* + **Content**
* Thank You
* Housekeeping items
* Evaluation (if applicable)
* FVCC info
* Closing