

**NAME OF ACTIVITY:** Transitioning to Trauma Informed Practices

**Possible Uses:** Facilitate conversation about how to make our environment, policies, services, and community more trauma informed.

**Target Audience:** Criminal justice and social services professionals that work with domestic violence cases.

**Time:** 15 minutes

**Objectives:** Upon completion of this activity, participants will be

able to:

* Identify how to incorporate trauma informed practices in the following categories:
  + Environment
  + Policy
  + Services
  + Community

**Key Terms &** Domestic Violence

**Concepts:** Trauma Informed Practices

**Equipment or** Online: breakout rooms

**Materials Needed:** In-person: white board or flip chart

**Preparation:** N/A

**Instructions:** 1. Use break out rooms (virtually) or small group work (in person). Divide participants into 4 groups. Give each group a topic:

* Environment
* Policy
* Services
* Community

2. Each group will discuss for approximately 10 minutes how to make their category more trauma informed.

4. Bring small groups back together and have each group report out.

5. The facilitator should write key points on a flip chart, white board, or interactive online tool.

**NOTE:** N/A