

**NAME OF ACTIVITY:**  Action Plan – Becoming Trauma Informed

**Possible Uses:** Encourage training participants to think about ways to make their agency trauma informed.

**Target Audience:** Criminal justice and social services professionals that work with domestic violence cases.

**Time:** 20 minutes

**Objectives:** Upon completion of this activity, participants will be

able to:

* Identify ways to make their agency trauma informed.

**Key Terms &** Domestic Violence

**Concepts:** Trauma Informed

Action Plan

**Equipment or** Online: breakout rooms

**Materials Needed:** In-person: white board or flip chart

**Preparation:** N/A

**Instructions:** 1. Distribute Action Plan Becoming Trauma

Informed Handout to participants.

2. Allow about 10 -15 minutes for participants to

work on the plan individually or in their local

group.

3. After they have worked on their action plan, ask

for volunteers to share what they wrote down.

**NOTE:** N/A

**Trauma-Informed Action Plan**

What are ways to make your agency more trauma-informed in each category:

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