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| **TOPIC OVERVIEW** |

**Module Number:** 1

**Module Title:** Foundations/Fundamentals of Domestic Violence

**Section Number:** 3

**Section Title:** Trauma and Domestic Violence

**Total Time Estimate:** 145-165 minutes

**FVCC Protocol Location:**

**DV Protocol:** DV: Ch.2, p. 7

**Law Enforcement PWD-OA Protocol**: pg. 26, 146-156 p. 2

**Prosecutor PWD-OA Protocol:** p 28-29, 98-107, 108

**Learning Tools/Resources Needed:**

**PowerPoint Title:** Working with People who Experience Domestic Violence: Trauma Informed Response.

**PowerPoint File Name:** POWERPOINT – Trauma and Domestic Violence

**Facilitator Guide Title:** Foundations/Fundamentals of DV: Trauma

**Facilitator Guide File Name:** FACILITATOR’S GUIDE: Trauma and Domestic Violence

**Activity Packet Title:** Transitioning to Trauma Informed Practices

**Activity Packet File Name:** ACTIVITY – Transitioning to Trauma Informed Practices

**Activity Packet Title:**  Secondary Victimization in the Criminal Justice System

**Activity Packet File Name:** ACTIVITY – Secondary Victimization

**Activity Packet Title:**  Action Plan Becoming Trauma Informed

**Activity Packet File Name:** ACTIVITY – Action Plan Becoming Trauma Informed

**Resource Packet Title:** N/A

**Resource Packet File Name:** N/A

**Handouts:**

* Common Trauma Reactions
* Action Plan Becoming Trauma Informed

**Media**: There are three videos to play during this presentation:

* Slide 17: <https://vimeo.com/126501517>
* Slide 35: <https://www.youtube.com/watch?v=7VvamTvntoc>
* Slide 36: <https://vimeo.com/249563924>

**Other Tools/Resources:**

* Model Protocols <http://www.icjia.state.il.us/ifvcc/projects>

**Facilitator Toolkit Related Topics**

* **Module 1,**

**Presentation Outline:**

1. Defining Trauma and Understanding Trauma Responses

a. Trauma Defined

a. Brain’s response to Trauma

b. Trauma reactions

1. Trauma Informed Response

a. Secondary Victimization: The Criminal Justice Process

b. Trauma Informed Response

1. Action Plan

**Special Notes/Reminders:**

* + The use of person first language will be used: Victim- Person Experiencing Harm (PEH) and Abuser- Person Who Causes Harm (PWCH)
  + If in person allow enough space to break up in groups of 4. If virtual, make sure to have break out rooms along with staff to facilitate small group activities.
  + In virtual trainings, it is always best to have three staff 1) present the information, 2) monitor chat and audience, and 3) take notes.

**Learning Objectives:**

1. Describe how experiences impact people who experience domestic violence (DV) trauma, memory, reactions, and behavior.
2. Identify secondary victimization of people who experience DV in the criminal justice process.
3. Synthesize the outcome of a trauma informed response related to trauma and procedural justice.
4. Create an Action Plan related to a trauma informed response in local area.

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| **DETAILED FACILITATION PLAN** |

**Introduction**

* + **PowerPoint Slides:** 1-2
  + **Time Estimate:** 5-10 minutes
  + **Learning Method(s) & Facilitation Notes**

**Methods:** Lecture and group activities

**Facilitation Notes:**

1. Housekeeping:

a. Explain training format along with breakout sessions for small groups

b. Expectations for training

c. Times/breaks and course evaluations

2. Technology check

a. Have participants set up their screen. Open chat, screen name appears visible for all to see, sound check microphone and video to ensure they work properly.

**Virtual**: Ask for any questions they have regarding virtual training format. Explain hand raising, chat, and split or shared screens if needed. Have participants utilize the microphone/video.

**In person:** Ask participants to silence their phones or other technical devices.

* + **Content**

Welcome, introductions with ice breaker activity

* Introduce the speaker(s)
* Discuss training format
* Introduce those facilitating the small groups and their role
* Technology check

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**Topic #1**  **Defining Trauma and Trauma informed responses**

**a. Trauma Defined:**

* + **PowerPoint Slides:** 3-9
  + **Time Estimate:**  15 minutes
  + **Learning Method(s) & Facilitation Notes**

Methods: PPT and Discussion.

Facilitation Notes: Use the PowerPoint notes

**b. Brains Response to Trauma:**

* **PowerPoint Slides:** 10-17
* **Time Estimate:** 25 min, video is approx. 9 min long
* **Learning Method (s) & Facilitation Notes**

Methods: PPT and discussion. Show Trauma and the Brain Video

Facilitation Notes: Play video from slide 17. After video open for conversation

**c. Trauma Reactions**

* **PowerPoint Slides:** 18-24
* **Time Estimate:** 10-15 minutes
* **Learning Method (s) & Facilitation Notes**

Methods: PPT notes to lead discussion

Facilitation Notes: There is a handout, “Common Trauma Reactions” that could be distributed prior to training or in the participants’ training materials.

* + **Activity Packet (if applicable):** N/A
  + **Handouts: (if applicable):**  Common Trauma Reactions handout
  + **Application Questions:**

1. What have participants learned about trauma as a pervasive problem?
2. What factors have participants learned about trauma and how each person experiencing the harm might respond to their experience?
3. Describe some examples of Traumatic Events and how one might respond.
4. What are the three common “Cluster” of the body and Brain’s response to Trauma
5. What knowledge have you gained from this PPT regarding how one’s response is to DV and trauma

**Topic #2: Trauma Informed Response**

**a.**  **Secondary Victimization: The Criminal Justice Process**

* + **PowerPoint Slides:** 25-27
  + **Time Estimate:** 30-40 minutes
  + **Learning Method(s) & Facilitation Notes**

**Methods:** Lecture, large group discussion, small group breakout discussion

**Facilitation Notes:** On slide 26, create a short group discussion referencing the Trauma and the Brain video previously shown in slide 17. Use PPT notes to lead discussion.

* + **Activity Packet (if applicable):** Secondary Victimization in the Criminal Justice System
  + **Handouts: (if applicable):** N/A

**b.** **Trauma Informed Response**

* + **PowerPoint Slides:** 28-39
  + **Time Estimate:** 30 minutes
  + **Learning Method(s) & Facilitation Notes**

Methods: PowerPoint Notes to lead discussion, small group break out discussion

Facilitation Notes: See activity: Transitioning to Trauma Informed Practices

Use break-out rooms (virtually) or small group work (in person). Give each group a topic:

* Environment
* Policy
* Services
* Community

Each group will discuss how to make their category more trauma informed. Give group approximately 10 – 15 minutes. When the groups reconvene as a large group, have each group report out. The facilitator should write key points on a flip chart, white board, or interactive online tool.

* + **Activity Packet (if applicable):** Transitioning to Trauma Informed Practices
  + **Handouts: (if applicable):** N/A
  + **Application Questions:**

1. How does the basic understanding of trauma help in creating a trauma informed response?
2. What are the six key principles of a trauma informed approach?
3. How does FETI aid in providing trauma informed care?

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**Topic #3: Action Plan**

* + **PowerPoint Slides:** 40
  + **Time Estimate:** 20 minutes
  + **Learning Method(s) & Facilitation Notes**

Methods: small, break out groups and report back

Facilitation Notes: Distribute Action Plan – Becoming Trauma Informed Handout to participants. Allow about 10 -15 minutes for participants to work on the plan individually or in their local group. After they have worked on their action plan, ask for volunteers to share what they wrote down.

* + **Content**

Welcome, introductions with ice breaker activity

* Introduce the speaker(s)
* Discuss training format
* Introduce those facilitating the small groups and their role
* Technology check
  + **Activity Packet (if applicable):** ACTIVITY **-** Action Plan – Becoming Trauma Informed
  + **Handouts: (if applicable):** Action Plan Becoming Trauma Informed
  + **Application Questions:**

1. What is the first step you will take to make your agency trauma informed?
2. What categories of trauma informed care should you prioritize?

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**Training Wrap-Up**

* + **PowerPoint Slides:** 41-42
  + **Time Estimate:** 10 minutes
  + **Learning Method(s) & Facilitation Notes**

Methods: large group discussion

* + **Content**
* Thank You
* Housekeeping items
* Evaluation (if applicable)
* FVCC info
* Closing